



MODERN WAVE
HEADSPA. SALON. SPA.

KERATIN AFTER *Care*

Follows these steps to maintain your treatment.



Wait 48 hours
before washing



Avoid creasing
with hair ties



Use a sulfate-
free shampoo



Limit excessive
heat styling



Keep dry from
chlorine/saltwater



Deep condition
weekly

IMPORTANT THINGS TO *Know*

Keratin treatments can last 4–5 months with proper care.

Follow these simple steps to maintain smoothness, shine, and strength between visits:

Deep Condition: Treat your hair to a deep conditioning mask every 2–3 weeks to maintain moisture, strength, and shine.

Sleep Smart: Switch to a silk or satin pillowcase to reduce friction, prevent frizz, and help your hair retain its smooth finish overnight.

Handle With Care: Use a wide-tooth comb or detangling brush. Avoid rough towel drying.

Swim Smart: Avoid pools and saltwater for at least one week after your treatment. When swimming later on, wet your hair with fresh water first and apply a leave-in conditioner to create a protective barrier.

Style Safely: Use low to medium heat when blow drying or flat ironing, and always apply a heat protectant spray before styling.

For further questions or personalized care advice, our team at Modern Wave Salon & Spa is always happy to help!

www.modernwavesalonandspa.com

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